

SATURDAY	FRIDAY	THURSDAY	WEDNESDAY	TUESDAY	MONDAY	SUNDAY
08:45 MACHSHIRIM L2  PINSKER	08:15 YOGA VINYASA  PINSKER	07:00 ATHLETICS  TSHARNICHOVSKI	07:00 PILATES L2  PINSKER	07:30 POWER YOGA  PINSKER	07:00 MACHSHIRIM L2  PINSKER	07:30 ZONE WORKOUT  ESTER HAMALKA
09:00 PILATES  PINSKER	08:30 MACHSHIRIM L2  PINSKER	07:45 MACHSHIRIM L2  PINSKER	07:00 ATHLETICS  TSHARNICHOVSKI	07:30 FCT  TSHARNICHOVSKI	07:00 FCT  TSHARNICHOVSKI	07:30 YOGA VINYASA  PINSKER
09:00 FCT  TSHARNICHOVSKI	08:30 FCT  ESTER HAMALKA	08:00 PILATES  PINSKER	08:00 FCT  TSHARNICHOVSKI	08:00 MACHSHIRIM  PINSKER	07:00 ATHLETICS  TSHARNICHOVSKI	07:30 FCT  TSHARNICHOVSKI
09:00 ZONE WORKOUT  ESTER HAMALKA	09:00 FCT  TSHARNICHOVSKI	08:00 FCT  TSHARNICHOVSKI	08:15 MACHSHIRIM L2  PINSKER	08:00 ATHLETICS  TSHARNICHOVSKI	08:00 PILATES  PINSKER	08:00 ATHLETICS  TSHARNICHOVSKI
09:15 BODY SCULPT  TSHARNICHOVSKI	09:00 PILATES  PINSKER	08:00 FCT  ESTER HAMALKA	08:30 BURN  TSHARNICHOVSKI	08:30 BODY SCULPT  TSHARNICHOVSKI	08:00 MACHSHIRIM  PINSKER	08:30 BODY SCULPT  TSHARNICHOVSKI
10:00 YOGA VINYASA  PINSKER	09:00 BODY SCULPT  TSHARNICHOVSKI	08:45 MACHSHIRIM  PINSKER	09:00 YOGA VINYASA  PINSKER	08:30 ZONE WORKOUT  ESTER HAMALKA	08:00 FCT  TSHARNICHOVSKI	08:30 MACHSHIRIM  PINSKER
10:00 MACHSHIRIM  PINSKER	09:30 MACHSHIRIM  PINSKER	09:00 FCT  TSHARNICHOVSKI	09:15 MACHSHIRIM  PINSKER	09:15 MACHSHIRIM L2  PINSKER	08:30 BODY SCULPT  TSHARNICHOVSKI	08:30 PILATES L2  PINSKER
10:00 ATHLETICS  TSHARNICHOVSKI	10:00 FCT  TSHARNICHOVSKI	09:15 YOGA VINYASA  PINSKER	10:00 BODY SCULPT  ESTER HAMALKA	09:30 FCT  TSHARNICHOVSKI	09:00 YOGA VINYASA  PINSKER	09:15 FCT  TSHARNICHOVSKI
10:15 CROSSTUDIO  TSHARNICHOVSKI	10:00 ATHLETICS  TSHARNICHOVSKI	09:45 MACHSHIRIM L2  PINSKER	10:00 ZONE WORKOUT  ESTER HAMALKA	10:30 MACHSHIRIM  PINSKER	09:30 MACHSHIRIM L2  PINSKER	09:30 MACHSHIRIM  PINSKER
10:15 TRX INTERVALS  TSHARNICHOVSKI	10:00 CROSSTUDIO  ESTER HAMALKA	10:00 ZONE WORKOUT  ESTER HAMALKA	10:15 MACHSHIRIM  PINSKER	11:00 YOGA VINYASA  PINSKER	09:30 ZONE WORKOUT  ESTER HAMALKA	10:30 MACHSHIRIM  PINSKER
10:15 CROSSTUDIO  ESTER HAMALKA	10:00 FCT  ESTER HAMALKA	10:45 YOGA ASHTANGA  PINSKER	12:30 FCT  TSHARNICHOVSKI	12:15 PILATES  PINSKER	11:15 FCT  TSHARNICHOVSKI	11:00 CROSSTUDIO  ESTER HAMALKA
10:15 ZONE WORKOUT  ESTER HAMALKA	10:15 YOGA ASHTANGA  PINSKER	12:30 FCT  TSHARNICHOVSKI	12:30 POWER YOGA  PINSKER	12:30 FCT  TSHARNICHOVSKI	12:00 POWER YOGA  PINSKER	11:00 YOGA VINYASA  PINSKER

11:00 ATHLETICS  TSHARNICHOVSKI	10:15 CROSSTUDIO  TSHARNICHOVSKI	17:15 FCT  TSHARNICHOVSKI	17:30 MACHSHIRIM  PINSKER	17:30 FCT  TSHARNICHOVSKI	17:15 BODY SCULPT  TSHARNICHOVSKI	12:15 FCT  TSHARNICHOVSKI
11:15 PILATES L2  PINSKER	10:30 MACHSHIRIM L2  PINSKER	17:30 BODY SCULPT  TSHARNICHOVSKI	17:30 FCT  TSHARNICHOVSKI	17:30 ATHLETICS  TSHARNICHOVSKI	17:30 PILATES  PINSKER	12:45 BURN TSHARNICHOVSKI
11:15 BURN  TSHARNICHOVSKI	11:00 TRX INTERVALS  TSHARNICHOVSKI	17:45 TRX INTERVALS  TSHARNICHOVSKI	18:00 BODY SCULPT  TSHARNICHOVSKI	17:45 MACHSHIRIM  PINSKER	17:30 MACHSHIRIM L2  PINSKER	17:30 PILATES  PINSKER
11:15 MACHSHIRIM L2  PINSKER	11:00 ATHLETICS  TSHARNICHOVSKI	18:00 YOGA VINYASA  PINSKER	18:15 ZONE WORKOUT  ESTER HAMALKA	18:00 CROSSTUDIO  ESTER HAMALKA	17:30 FCT  TSHARNICHOVSKI	17:30 BODY SCULPT  TSHARNICHOVSKI
11:15 FCT  TSHARNICHOVSKI	11:15 PILATES  PINSKER	18:00 MACHSHIRIM  PINSKER	18:15 BODY SCULPT  ESTER HAMALKA	18:00 FCT  ESTER HAMALKA	18:00 BURN  ESTER HAMALKA	17:30 MACHSHIRIM  PINSKER
11:30 BODY SCULPT  ESTER HAMALKA	11:15 BARRE PILATES  TSHARNICHOVSKI	18:00 ZONE WORKOUT  ESTER HAMALKA	18:30 PILATES  PINSKER	18:15 PILATES  PINSKER	18:00 FCT  ESTER HAMALKA	17:30 FCT  TSHARNICHOVSKI
11:30 FCT  ESTER HAMALKA	11:15 ZONE WORKOUT  ESTER HAMALKA	18:15 ATHLETICS  TSHARNICHOVSKI	18:30 MACHSHIRIM L2  PINSKER	18:15 BURN  TSHARNICHOVSKI	18:15 BURN  TSHARNICHOVSKI	17:45 TRX INTERVALS  TSHARNICHOVSKI
12:15 YOGA ASHTANGA  PINSKER	11:30 MACHSHIRIM  PINSKER	18:30 BURN  TSHARNICHOVSKI	18:30 BOXING  TSHARNICHOVSKI	18:30 TRX INTERVALS  TSHARNICHOVSKI	18:30 YOGA VINYASA  PINSKER	18:00 FCT  ESTER HAMALKA
12:15 MACHSHIRIM  PINSKER	12:00 FCT  TSHARNICHOVSKI	18:45 TRX STRENGTH  TSHARNICHOVSKI	18:30 ATHLETICS  TSHARNICHOVSKI	18:30 ATHLETICS  TSHARNICHOVSKI	18:30 MACHSHIRIM  PINSKER	18:30 YOGA VINYASA  PINSKER
12:15 TRX STRENGTH  TSHARNICHOVSKI	12:15 BURN  TSHARNICHOVSKI	19:00 PILATES L2  PINSKER	19:00 INSANE YOGA  TSHARNICHOVSKI	18:45 MACHSHIRIM L2  PINSKER	18:30 TRX STRENGTH TSHARNICHOVSKI	18:30 BURN  TSHARNICHOVSKI
12:15 FCT  TSHARNICHOVSKI	12:15 BOXING  TSHARNICHOVSKI	19:00 MACHSHIRIM  PINSKER	19:30 PILATES L2  PINSKER	19:00 BODY SCULPT  ESTER HAMALKA	18:30 FCT  TSHARNICHOVSKI	18:30 MACHSHIRIM  PINSKER
12:30 BODY SCULPT  TSHARNICHOVSKI	12:30 PILATES L2  PINSKER	19:00 BODY SCULPT  ESTER HAMALKA	19:30 MACHSHIRIM  PINSKER	19:15 PILATES L2  PINSKER	19:15 BODY SCULPT  TSHARNICHOVSKI	18:45 FCT  TSHARNICHOVSKI

		19:15 ATHLETICS  TSHARNICHOVSKI	19:30 TRX STRENGTH  TSHARNICHOVSKI	19:15 BODY SCULPT  TSHARNICHOVSKI	19:15 CROSSTUDIO  ESTER HAMALKA	18:45 ATHLETICS  TSHARNICHOVSKI
		19:15 FCT  ESTER HAMALKA	19:30 ATHLETICS  TSHARNICHOVSKI	19:15 ZONE WORKOUT  ESTER HAMALKA	19:15 ZONE WORKOUT  ESTER HAMALKA	19:15 CROSSTUDIO  ESTER HAMALKA
		19:30 BURN  TSHARNICHOVSKI	19:30 ZONE WORKOUT  ESTER HAMALKA	19:30 FCT  TSHARNICHOVSKI	19:30 PILATES L2  PINSKER	19:15 ZONE WORKOUT  ESTER HAMALKA
		19:45 FCT  TSHARNICHOVSKI	19:30 CROSSTUDIO  ESTER HAMALKA	19:30 FCT  TSHARNICHOVSKI	19:30 MACHSHIRIM L2  PINSKER	19:30 PILATES L2  PINSKER
		20:00 PILATES  PINSKER	20:00 BURN  TSHARNICHOVSKI	19:45 MACHSHIRIM  PINSKER	19:30 TRX INTERVALS  TSHARNICHOVSKI	19:30 CROSSTUDIO  TSHARNICHOVSKI
		20:00 MACHSHIRIM  PINSKER	20:30 YOGA ASHTANGA  PINSKER	20:15 YOGA VINYASA  PINSKER	19:30 ATHLETICS  TSHARNICHOVSKI	19:30 MACHSHIRIM L2  PINSKER
			20:30 MACHSHIRIM L2  PINSKER	20:15 CROSSTUDIO  TSHARNICHOVSKI	20:15 INSANE YOGA  TSHARNICHOVSKI	19:45 BOXING  TSHARNICHOVSKI
			20:30 FCT  TSHARNICHOVSKI	20:15 TRX INTERVALS  TSHARNICHOVSKI	20:30 YOGA ASHTANGA  PINSKER	19:45 ATHLETICS  TSHARNICHOVSKI
			20:30 FCT  TSHARNICHOVSKI	20:15 FCT  TSHARNICHOVSKI	20:30 MACHSHIRIM  PINSKER	20:30 PILATES  PINSKER
			20:30 GYMNASTICS  ESTER HAMALKA	20:15 BURN  ESTER HAMALKA	20:30 FCT  TSHARNICHOVSKI	20:30 BARRE PILATES  TSHARNICHOVSKI
				20:15 FCT  ESTER HAMALKA	20:30 ATHLETICS  TSHARNICHOVSKI	20:30 MACHSHIRIM  PINSKER
				20:45 MACHSHIRIM L2  PINSKER	20:30 FCT  ESTER HAMALKA	20:30 BURN  ESTER HAMALKA

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